

# MARRIAGE PREPARATION

## LESSON 5

---

### Different Types of Marriage

# TRADITIONAL MARRIAGE

---

Preset roles  
Strong foundation  
Independent spheres  
Rigid  
Child rearing-high priority





# RESCUE MARRIAGE

---

Gratitude, Sanctuary

Deep psychological sense of belonging

Safe place from loneliness, abuse,  
neglect, rejection, destitution, guilt

2<sup>nd</sup> marriages that work



# Romantic Marriage

---

Enduring passionate love

Time together is sacred

Feel like they were meant for each other

Their closeness is a gift to their children

Came from highly nurturing parents

Courtship continues





# Companionate Marriage

---

No set rules  
Everything is negotiable  
Co-parenting  
Dual careers  
Equal effort is a priority  
Difficult to maintain  
Foundation of friendship and trust  
Egalitarian



## LOVE LANGUAGES QUESTIONNAIRE

1. I like to receive encouraging or affirming notes A  
I like to be hugged E
2. I like to spend one-to-one time with close friends B  
I feel loved when someone gives me practical help D
3. I like it when people give me gifts C  
I like leisurely visits with friends and loved ones B
4. I feel loved when people do things to help me D  
I feel loved when people give me a reassuring hand shake or hug E
5. I feel loved when someone I love or admire puts their arm around me E  
I feel loved when I receive a gift from someone I admire or love C



6. I like to go places with friends or loved ones B  
I like to play sports with friends who are special to me E
7. Visible symbols of love (such as gifts) are important to me C  
I feel loved when people affirm me A
8. I like to sit close to people I enjoy being around E  
I like it when people tell me I'm attractive/handsome A
9. I like to spend time with friends and loved ones B  
I like to receive little gifts from friends and loved ones C
10. Words of acceptance are important to me A  
I know someone loves me when he or she helps me D

11. I like being together and doing things with friends & loved ones B  
I like it when kind words are spoken to me A
12. What someone does affects me far more than what they say D  
Hugs make me feel connected and valued E
13. I value praise and try to avoid criticism A  
Several small gifts mean more to me than one large gift C
14. I feel close to someone when we are talking or doing something together B  
I feel closer to friends & loved ones when we wrestle, hug or shake hands E
15. I like people to complement my achievements A  
I know people love me when they do things for me they don't enjoy doing D



16. I like people to cross the street to shake hands or hug when they see me E  
I like when people listen to me & show genuine interest in what I'm saying B
17. I feel loved when friends and loved ones help me with jobs or projects D  
I really enjoy receiving gifts from friends and loved ones C
18. I like people to complement my appearance A  
I feel loved when people take time to understand my feelings B
19. I feel secure when a special person is physically close to me E  
Acts of service make me feel loved D
20. I appreciate the many things that special people do for me D  
I like to receive gifts that special people make for me C

21. I really enjoy the feeling I get when someone gives me undivided attention B  
I really enjoy the feeling I get when someone does some act to serve me D
22. I feel loved when a person celebrates my birthday with a gift C  
I feel loved when a person celebrates my birthday with meaningful words A
23. I know a person is thinking of me when they give me a gift C  
I feel loved when a person helps me with my chores or tasks D
24. I appreciate it when someone listens patiently and doesn't interrupt me B  
I appreciate it when someone remembers special days with a gift C
25. I like knowing loved ones are concern enough to help with my daily tasks D  
I enjoy extended trips with someone who is special to me B



26. I don't mind the "kiss-hello" with friends I am close to E  
Receiving a gift given for no special reason excites me C
27. I like to be told that I am appreciated A  
I like a person to look at me when they are talking B
28. Gifts from a friend or loved one are always special to me C  
I feel good when a friend or loved one hugs or touches me E
29. I feel loved when a person enthusiastically does some task I have requested D  
I feel loved when I am told how much I am appreciated A
30. I need physical contact with people everyday E  
I need words of encouragement and affirmation everyday A

Now go through your quiz again and count how many A, B, C, D and Es you circled and place the number in below.

TOTALS: A: \_\_\_\_\_ B: \_\_\_\_\_ C: \_\_\_\_\_ D: \_\_\_\_\_ E: \_\_\_\_\_

Which letter has your highest score? That is your primary love language:

- A = Words of Affirmation
- B = Quality Time
- C = Receiving Gifts
- D = Acts of Service
- E = Physical Touch

•Further reading on “the 5 love languages” can be found in <http://www.5lovelanguages.com/> or the book “The 5 Love Languages: The Secret to Love That Lasts” by Dr. Gary Chapman



# Love Languages

---

Just as successful marriages come in a wide variety of styles, how someone gives and absorbs love does as well.

1. Words of Affirmation
2. Quality Time
3. Receiving Gifts
4. Acts of Service
5. Physical Touch