MARRIAGE PREPARATION LESSON 7

Financial Communication

2 big questions you need to ask yourself...

1) How did your parents manage their finances?

• 2) How did your lifestyle growing up affect your attitudes about money as an adult?



Money matters is the most common source of marital conflict

Money problems are **NOT** about arithmetic; they are about values.

What does money represent?

- Competence
- Status
- Acceptance / inclusion
- Power / control
- Love / affection
- Stability / security
- Independence / freedom



Types of spending habits:

- 1. impulsive vs. planned
- 2. needs vs. wants
- 3. spend vs. save
- 4. habitual vs. calculated
- 5. separate vs. together
- 6. secretive vs. open
- 7. sensitivity to debt
- 8. sensitivity to risk
- 9. positive or negative outlook



Pre-purchase questions requires HONEST self-examination

- 1. CAN WE AFFORD IT?
- 2. DO WE NEED IT?
- 3. DO WE REALLY WANT IT?
- **4. WHY** DO WE WANT IT?



Although the urge to help when your children are in distress is almost irresistible, it should only be done in a way that results in stronger, smarter and more independent individuals. Helping your adult children become money smart, autonomous and self-sufficient is the best financial gift you can give them.

Washington Business Journal